

The Dancer as a Channel

Using Dance and Movement as a Therapeutic and Healing Tool

A 2 Day Workshop with Avital Miller: October 23-25

Dance Performance: Saturday night, 7:45pm

Accommodations & Meals at The Expanding Light Retreat

**Workshop and Performance at the Living Wisdom Center
at Ananda Village in Northern California**



Through movement discover more about yourself, transform yourself, and feel the Divine.

Learn spiritual dance choreography with an opportunity to perform!

No dance experience necessary!

“There is in each of us a special song to be sung.”

—Swami Kriyananda, *Art as a Hidden Message*

Avital received a Dance Major and studied Dance/Movement Therapy at Washington University in St. Louis, MO. She has performed, choreographed, and taught various styles of dance around the world.

She is part of the Ananda community and is thrilled to combine the spiritual path with dance.

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