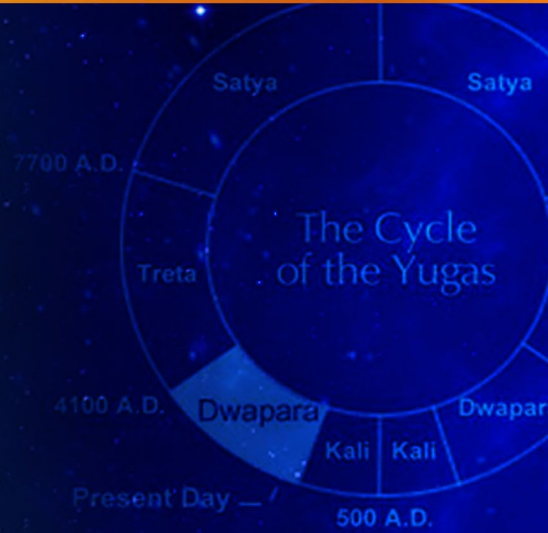


THE EXPANDING LIGHT presents ...
in partnership with ANANDA COLLEGE OF LIVING WISDOM

The Yuga Cycles of the Ages & Our Awakening Consciousness

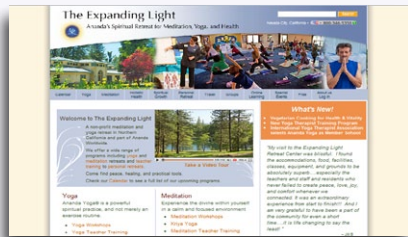
www.theyugasconference.com



Official Media Package

May 25-28, 2012
Memorial Day Weekend

The Yuga Cycles Conference: The Presentation



- ◁ Home Page of The Expanding Light Retreat
Host location of The Yugas Conference



- ◁ Home Page of *The Yugas*
The groundbreaking book written by Yugas Conference speakers Joseph Selbie and David Steinmetz



- ◁ Official Web Page of The Yuga Cycles Conference



- ◁ Facebook Page of The Yugas Conference

Video Presentation ▶

Explanation of the Yuga cycles and conference site description



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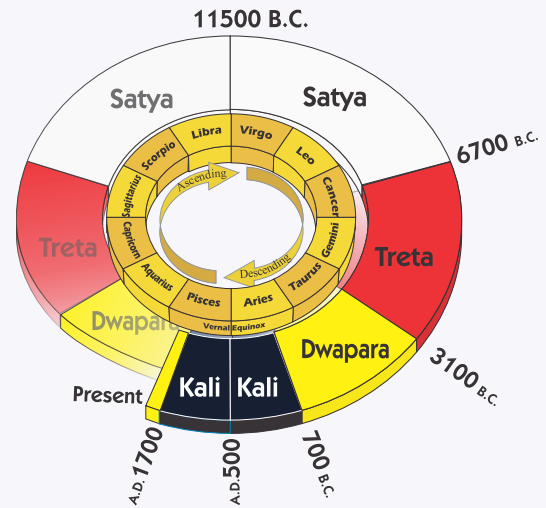
Registration & Media Resources



What are the Yugas?



We are witnessing a worldwide and dynamic renaissance of ancient wisdom traditions. Yoga, meditation, life force control, quantum awareness, holistic health, life force healing, acupuncture, Ayurveda, mind-body medicine, and scores of other practices are among hundreds of ancient wisdoms becoming widespread. People everywhere are feeling an increase in energy, and the sensation that “time is speeding up.” At the same time, insights are emerging from geology, archaeology, quantum physics and the creative work of intuitive pioneers – not to mention the dizzying evolution of inventions and technologies we have seen since the Industrial Age, especially the last 50 years.



Why are these trends happening now?

The ancient Vedic scientists, leaders and astronomers defined a consistent, ongoing cycles of time for our planet’s journey through space, the Cycles of the Yugas. They measured it from a “Great Year,” which they defined as 24,000 years in length. That great year was divided into four Yugas, each of which had vastly different spiritual and energetic qualities, and ascending and descending periods that created vastly different expressions of life on earth:

- Satya Yuga (the Golden Age): 4,800 years (most recently, 11,300 BCE-6,500 BCE)
- Treta Yuga (the Silver Age): 3,600 years (most recently, 6,500 BCE-2,900 BCE)
- Dwapara Yuga (the Bronze Age): 2,400 years (most recently, 2,900 BCE-500 AD)
- Kali Yuga (the Iron Age): 1,200 years (most recently, 500-1,700 AD)

We are now in the fourth century of an ascending Dwapara Yuga. What does this mean for us today? For our future? For our society? For the future of the planet?

That is the subject of *The Yugas Cycles of the Ages and Our Awakening Consciousness*, a conference that brings together the acknowledged global experts on the subjects along with leading scientists, thinkers and authors to discuss ways in which we move forward – and further open to the tremendous creative, scientific, social and spiritual opportunities making themselves available to us.

The ancient Vedic scientists, leaders and astronomers defined a consistent, ongoing cycle of time for our planet’s journey through space, the Cycles of the Yugas.



About the Conference



When Joseph Selbie and David Steinmetz wrote and published their book, *The Yugas*, they might as well have uncorked Aladdin’s lamp. They created the richest and most evidence-based book yet on the subject of the Cycles of the Yugas, the cycles of time that ancient Indian astronomers and seers knew thousands of years ago, but was only brought to bear in modern times by Swami Sri Yukteswar in his 1894 book, *The Holy Science*.

With *The Yugas* in print and discussions breaking out in scientific gatherings, college classrooms, archaeological seminars and spiritual communities worldwide, it was time to consider bringing some of the world’s most eminent future-thinking scientists, healers, geologists, archaeologists, sociologists and spiritual leaders together to explore ways to brace the world for the Yuga in which we live, Dwapara Yuga.

Consequently, Selbie got together with The Expanding Light Retreat General Manager Timothy Hickey to create The Yugas Cycles of the Ages and Our Awakening Consciousness, a long weekend of findings, presentations and discussions on the Cycles of the Yugas and how it has directly related to the history of mankind — and our currently accelerating growth in consciousness. Hosted by The Expanding Light in partnership with Ananda College of Living Wisdom, the conference runs from May 25-28. Timothy Hickey expects a capacity turnout for this first-of-a-kind event, which has already created great anticipation among the scientific, quantum physics and new living communities.

“We’ll explore the connections between ancient knowledge and the blossoming awareness of today,” Hickey says. “Participants can expect a fascinating series of presentations — together forming a

The Yuga Cycles Conference Will Include:

- A host location immersed in the energy and practice of the higher tenets of Dwapara Yuga
- Well-known presenters and authors in the Yugas and Great Cycles, healing, spiritual, education, geology, archaeology and quantum physics fields
- A focus on the specific relationship between the Yuga cycles and current developments and trends in the physical world, spiritual realm and individual lives
- Opportunities to interact with speakers throughout the conference
- Resources for future learning and study
- Dwapara Yuga practices — energization exercises, gentle yoga, and guided meditations, all led by our experienced staff
- Gourmet vegetarian cuisine and uplifting accommodations on 800 acres open for exploring, walking and personal solitude
- Interaction with the established, surrounding intentional community to feel how the Dwapara Yuga concepts are already a living reality.

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About the Conference



powerful look into how the cycles of time really operate. Conference guests will learn deeply about how growing interest and myriad approaches to awakening consciousness fit exactly in our times. Guests will be able to go deeply into current understanding of ever-fascinating topics like the dawn of time, pyramids, quantum physics and higher consciousness, body-mind health, the Great Sphinx, what the Universe is made of, yoga psychology and spirituality in this Age. All of this delivered by serious students of reality in the various fields of study."

Our Speakers

The Yugas Cycles of the Ages and Our Awakening Consciousness will feature 10 distinguished speakers, including:

- Swami Kriyananda, founder of the Ananda community and author of 130 books, including *A Hindu Way of Awakening*, in which he discusses the yugas and their importance to spiritual development;
- Dr. Joan Borysenko, a pioneer in mind-body medicine who works with ancient healing traditions;
- Walter Cruttenden, author of *Lost Star of Myth and Time* and producer of the DVD *The Great Year*;
- Dr. Robert Schoch, geologist and professor at Boston University, best known for re-dating the Great Sphinx several thousand years earlier than generally believed;
- Dr. Amit Goswami, eminent quantum physicist who was featured in the movie *What The Bleep Do We Know?*;
- Christopher Dunn, author of *The Giza Power Plant* and expert on the advanced technologies of the pyramid builders of Egypt and stone masons of South America;
- Claude Swanson, authority on scientific evidence for the presence of the life force;
- Dr. Uma Krishnamurthy, practitioner and teacher on the ancient/modern synthesis of Yoga Psychology;
- David Steinmetz, co-author of *The Yugas*; and
- Joseph Selbie, conference Emcee and co-author of *The Yugas*.

The greatest purpose of the conference is to realize that we are not merely confined to the Yuga in which we now live (Dwapara Yuga), but that from past evidence and future study, we can progress and grow within our lifetimes to experience aspects of the higher ages that will become prevalent in the future.

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As Selbie notes, the conference will address the dynamic situation in which humankind finds itself in 2012 — and fans out from there.

“The focus of the conference will be on what I call the New Renaissance that is taking place today,” he says. “Our New Renaissance is similarly inspired by ancient knowledge – but even older than the Classical Greeks. Eastern understanding and use of life force – yoga, Tai Chi, acupuncture, Ayurveda, pranayama, meditation – dates back hundreds of years before the Greeks. In terms of the yugas, our present energy age corresponds to those earlier times. Our New Renaissance is spurring a revolution in our understanding and practices around healing, psychology, and religion. The conference will explore both emerging new scientific knowledge and the ancient wisdom traditions that inspire and inform today’s teachers and scientific pioneers.”

Video Presentation ▶

Yuga Cycles Conference Master of Ceremonies Joseph Selbie explains the principle of the Yuga cycles



Many conferences on new thinking, ancient wisdom topics, or subjects that are only being slowly assimilated by mainstream science and medicine, offer a wealth of theoretical substance. Conference proceedings at The Yugas Cycles of the Ages and Our Awakening Consciousness will take that approach a major step further. The speakers and supportive staff at The Expanding Light will guide specific practices, actions, and further study that participants can undertake to integrate the Cycles of the Yugas more into their approaches to their lives and professions. This will further develop personal and human potential, and open participants to the quantum discoveries and insights that are part and parcel of an age in which IBM mainframe computers have evolved into wireless cloud computing in 45 years, we can contact anyone in the world in a split second via Internet, and we can regulate and understand the deeper energetics of our bodies, minds and spirits.

It leads to what Selbie feels is one of the greatest purposes of the conference: to realize that we are not merely confined to the Yuga in which we now live (Dwapara Yuga), but that from past evidence and future study, we can progress and grow within our lifetimes to experience aspects of the higher ages that will become prevalent in the future. The last Dwapara Yuga, which occurred between 3000-700 BC, was an auspicious time indeed, as

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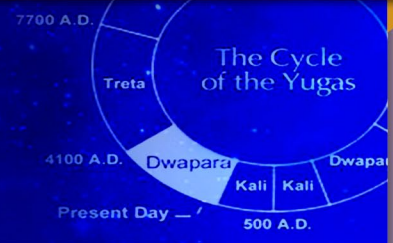
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physical evidence and writings make clear: the building of the pyramids, the methodical application of life force awareness in everyday healing, parenting, livelihoods and relationships (the high technology of the time), and the great cultures of ancient Sumeria, Egypt, India and China – all of which practiced deep spiritual disciplines.

“Perhaps the most inspiring aspect of the yugas is the glimpse it gives us of our own higher potential,” he says “In the highest age, Satya Yuga, or as the Greeks called it, the Golden Age, man is believed to live in conscious attunement to Spirit. Even in Treta Yuga, the Greek Silver Age, it is believed that man possesses advanced mental powers such as telepathy and telekinesis.

“These abilities are inherent to man in any age. Even today we can see evidence for mental telepathy in the findings of Princeton’s Engineering Anomalies Research (PEAR) and the CIA’s controversial Stargate program. We don’t have to wait a thousand years to experience our higher potentials.”

THE EXPANDING LIGHT presents ...
in partnership with ANANDA COLLEGE OF LIVING WISDOM

The Yuga Cycles of the Ages & Our Awakening Consciousness

www.theyugasconference.com

May 25-28, 2012
Memorial Day Weekend

Located at Ananda Village, A Dwapara Community, Nevada City, California
Accommodations at The Expanding Light and nearby.
Speakers will include Swami Kriyananda, Joan Borysenko, Amit Goswami, Robert Schoch, Christopher Dunn, Claude Swanson, Walter Cruttenden, Uma Krishnamurthy, Joseph Puru Selbie, and David Byasa Steinmetz.

- * Understand the yugas and our hidden past
- * Learn from experts about our emerging present in the Age of Energy
- * Hear intriguing revelations about our enlightened future

Registration for The Yugas Cycles of the Ages and Our Awakening Consciousness is now underway.

Registrants will be handled for the limited-seating conference on a first-come, first-served basis.

Register Now

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The Expanding Light Retreat



Visitors notice a wonderful energy as soon as they set foot on The Expanding Light grounds, host location of The Yuga Cycles Conference. Others find this energy slowly flooding through them as their program proceeds. Some awaken one morning to find they are suddenly and deeply filled with joy.

No matter when one recognizes the flow of joyful, peaceful energy that suffuses The Expanding Light at Ananda: It is always present. It is always powerful. And it is always uplifting. It has been that way for the 44 years since Ananda Village and The Expanding Light Retreat were



founded by Swami Kriyananda, one of the featured speakers at The Yuga Cycles Conference and a close direct disciple of the great yoga master Paramhansa Yogananda.

Over the years, many thousands of visitors have enjoyed The Expanding Light's programs, beautiful guest facilities, 800 acres of serene and breathtaking grounds in the Sierra Nevada foothills, and gourmet vegetarian cuisine. What visitors recognize is the way in which program facilitators and staff, along with the entire Ananda community, bring Dwapara Yuga principles and practices into their daily lives. The Expanding Light and Ananda offer a compelling glimpse into what society and community will be like in a higher Dwapara Yuga time, with guests attuning to the higher spiritual vibration and consciousness that is ever present. For those returning to The Expanding



Light, there is nothing quite like the sensation of arriving at Ananda Village, taking a deep breath, and feeling an instant sense of tranquility and well-being.

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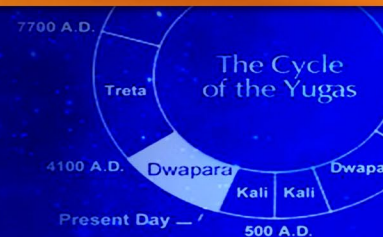
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The Expanding Light Retreat



When walking the grounds of Ananda Village, visitors experience a full-fledged community that practices spiritual precepts, sustainable, simple living and high thinking. They see the businesses, Living Wisdom Schools and farming operation of a thriving community. Just a few miles up Tyler Foote Road is the Ananda College of Living Wisdom, partner in The Yuga Cycles Conference, its campus situated in the 'Inimim Forest on the original site of Ananda.

The Expanding Light offers 120 programs year-round in meditation, health, Ananda Yoga, well-being, karma yoga and more. All are based on the teachings of Paramhansa Yogananda, the avatar of Dwapara Yuga. The Expanding Light Presents takes the core programming in a new direction with The Yuga Cycles Conference, bringing this important large-scale conference with national and international impact across a variety scientific, social and spiritual disciplines.

For more information on The Expanding Light:

Please visit our websites at www.expandinglight.org or www.anandavillage.org.



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Ananda College of Living Wisdom



Ananda College of Living Wisdom new Laurelwood campus, 30 min. SW of Portland, OR, opens Sept, 2012.

Ananda College of Living Wisdom, which is partnering with The Expanding Light at Ananda Village to present the Yuga Cycles Conference, is a state-approved 4-year residential college offering degrees and certificates. Founded in 2003, Ananda College enjoys the designation of being the only college in the United States, if not the world, that offers advanced study on the Yuga Cycles of Time and Higher Consciousness. The curriculum was co-created by David Steinmetz, co-author of *The Yugas*. Five other speakers at the Yuga Cycles Conference are directly affiliated with Ananda College as well: Board of Directors members Joseph Selbie and Walter Cruttenden; and Advisory Board members Swami Kriyananda, Dr. Amit Goswami and Dr. Robert Schoch.

Inspired by the wisdom traditions of the world, Ananda College's distinctive, student-centered liberal arts environment encourages and supports universal spirituality, as well as the individual's spiritual growth and inquiry. Students earn their degrees while living in an off-the-grid sustainable campus located in the 'Inimim Forest, five miles from Ananda Village, surrounded by thousands of acres of beautiful wooded land amidst the watershed of the Yuba River.

The college curriculum offers personalized learning with a range of focus from Yoga Philosophy and Yoga Teacher Training to Inspirational Arts (visual arts, writing, poetry, music, dance & singing), Graphic Design, Social Media & Online Communications, Holistic Health & Healing, World Cultures and Consciousness, Directional Psychology, Sustainability, Co-operative Communities, Business & Leadership, and Education for Life (EFL) Teacher Training.

The college's focus on world wisdom traditions includes a study-abroad program with travel to India, Peru, Egypt and Europe. In 2005, the college's first study abroad program included a private audience with His Holiness the Dalai Lama at his private residence in McLeod Ganj, India.

Ananda College will be expanding soon. A satellite campus, located 30 minutes SW of Portland, Oregon, will open soon in September, 2012.

For more information please visit:

www.anandauniversity.org

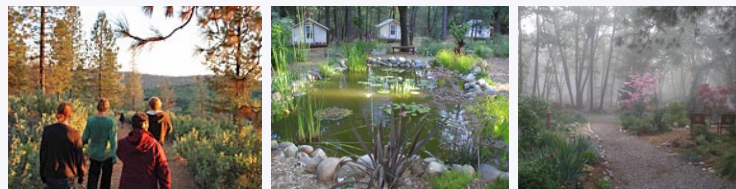


[Like our Facebook Page](#)



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Ananda College of Living Wisdom off-the-grid campus, 40 min. from Nevada City, 5 miles from Ananda Village



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About Conference Emcee - Joseph Selbie



Joseph Selbie brings more than 30 years of direct and indirect study of the Yugas to the Yugas Conference as the event host at the ideal location of the Expanding Light. The co-author of *The Yugas: Keys to Understanding Our Hidden Past, Emerging Energy Age, and Enlightened Future*, Joseph studied ancient Western cultures at the University of Colorado and ancient Eastern cultures at UC Berkeley. Since the late 1970s, he has taught and lectured throughout the US and Europe on the yugas and the principles of Eastern philosophy.

A founding member of Ananda, a worldwide spiritual organization with seven communities worldwide, Joseph has taught thousands of people the principles of yoga and meditation in the US and Europe. Clear, practical and inspirational, his classes speak to our untapped energetic, mental, and spiritual potentials.

As an expert in interactive design for the web, Joseph has conducted design seminars at professional events such as the Nielsen/Norman Conferences in the US and Europe. In October 2011, Joseph presented on the yugas at CPAK (Conference for Precession and Ancient Knowledge), the conference hosted by Walter Cruttenden, one of the speakers at the Yuga Cycles Conference. Joseph has developed a well-received series of webinars on the yugas. He has been interviewed on radio and television.

Joseph is the founder and CEO of Tristream, a leading-edge web and interactive design agency serving companies such as Cisco, KPMG, Manpower, and Logitech. Tristream has provided creative services to many startups including Foodbuzz, now one of the largest “foodie” social networks on the web. He is considered an expert in the field of interactive design.

Joseph is currently working on a new book, tentatively titled *The Physics of God*, that compares leading edge physics, medicine, and neuroscience to the ancient teachings of India. He lives with his wife at Ananda Village, a spiritual community in Northern California.

Joseph has taught thousands of people the principles of yoga and meditation in the US and Europe. Clear, practical and inspirational, his classes speak to our untapped energetic, mental, and spiritual potentials.

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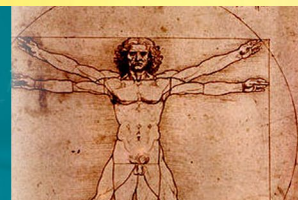
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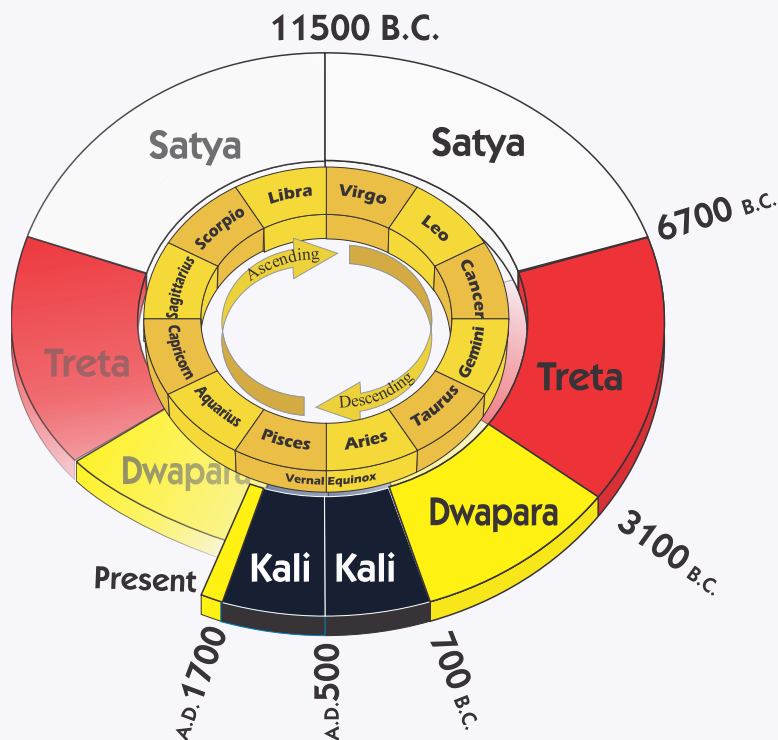


Meet Our Presenters

- Swami Kriyananda
- Joan Borysenko
- Walter Cruttenden
- Robert Schoch
- Amit Goswami
- Christopher Dunn
- Claude Swanson
- Uma Krishnamurthy
- David Steinmetz
- Kamran Matlock
- Ryan Nakade

Distinguished scientists, academics, futuristic thinkers, authors, and spiritual leaders form the contingent of speakers who will present their visions and perspectives at The Yuga Cycles Conference. All are deeply enamored and involved with the deeper study of ancient wisdom and traditions, using it in their professional fields and practices. All feel that by assessing our past, present and future as human beings through the Indian Yugas cycles, we can make better sense of our lives, work, and purpose to define and develop a better world.

“We are thrilled with the impressive group of speakers who will present at the Conference, and were delighted that all of them were anxious to do so,” event producer Timothy Hickey of The Expanding Light says. “It is our impression that these leading scientists and authors see how the concept of the Yugas provides a model that helps explain many things that don’t fit previously dominant views. They also understand that our age is bringing us into an era of expanding consciousness.”



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Swami Kriyananda



Swami Kriyananda (J. Donald Walters) is one of the few living direct disciples of Paramhansa Yogananda, whose guru was Sri Yukteswar, author of *The Holy Science*, the work which brought the cycles of the yugas into modern times. Swami Kriyananda became Yogananda's disciple in 1948, and has since authored more than 130 books detailing all aspects of the yogic path.

A highly respected spiritual teacher who has spoken to thousands of audiences around the world, Swami Kriyananda founded Ananda, which means "joy" in Sanskrit, in 1968 to fulfill Yogananda's vision of "World Brotherhood Colonies," or spiritual cooperative communities. He was one of the first western authors to advance the concept of the yugas in his book, *A Hindu Way of Awakening*. [\(Read More\)](#)

At The Yuga Cycles of the Ages & Awakening Consciousness conference, Swami Kriyananda will speak on the Yuga cycles as Sri Yukteswar presented it in his book *The Holy Science*. He will also offer an overview of how Dwapara Yuga will continue to unfold in the future.

Joan Borysenko, Ph.D.

"Healing: Ancient Wisdom Meets Modern Science"



Joan Borysenko, Ph.D., is Director of Mind-Body Health Sciences, LLC in Boulder, Colorado. Her doctorate is in cellular biology from the Harvard Medical School, where she also completed post-doctoral fellowships in experimental pathology, behavioral medicine, and psychoneuroimmunology. She is a licensed clinical psychologist, a spiritual director, and a trainer of spiritual directors through the Claritas Institute, of which she is the co-founder.

A renowned pioneer in the field of stress and health, she is the author of numerous peer-reviewed articles and 15 books, including the *New York Times*' best seller, *Minding the Body, Mending the Mind*. Her most recent books, *It's Not the End of the World: Developing Resilience in Times of Change*, and *Fried: Why You Burn Out, and How to Revive*. [\(Read More\)](#)

At The Yuga Cycles of the Ages & Awakening Consciousness conference, Joan will speak on "Healing: Ancient Wisdom Meets Modern Science." There are stunning parallels between modern and ancient mind training techniques that help in the quest to use stress as a portal to awakening, recover from addictions, and focus attention in the present moment. In this lecture, she'll explore the intersection of modern neuroscience, psychology, and spiritual practice.

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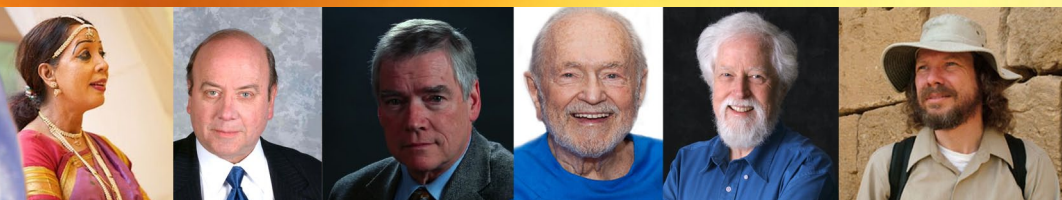
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Walter Cruttenden

“The Epochal Changes of Hamlet’s Mill”



Walter Cruttenden is a researcher and author of books and films on ancient cultures and the cycles of the ages, a.k.a. *The Great Year*. He presently serves as the Director of the Binary Research Institute in Newport Beach, California, which investigates the cause and consequences of solar system motion, the apparent driver of the changing ages.

As part of his efforts to explore the subject of long term cyclical effects on humanity Walter hosts the regular podcast series, *The Cosmic Influence*, and organizes the annual Conference on Precession and Ancient Knowledge (CPAK), which features authors and scientists from around the world discussing the implications of celestial cycles on biology, archaeology, anthropology and related sciences. [\(Read More\)](#)

At The Yuga Cycles of the Ages & Awakening Consciousness conference, Walter will explore the cycles of the ages as depicted in the myth and folklore of *Hamlet’s Mill*. This book was written by Giorgio de Santillana, a professor of the history of science at MIT, and his equally learned co-author, Hertha von Dechend, an anthropologist from the Wolfgang Goethe University of Frankfurt. Their 1960s work stands as a prescient study of myth and folklore, which they believed was a “scientific language of yore”. It is only today, when we begin to understand the yugas and the vast accomplishments of the ancients, that Giorgio and Hertha are redeemed.

Robert Schoch, PhD

“Göbekli Tepe (Turkey), the Great Sphinx (Egypt), and the Last Satya Yuga”



Dr. Robert M. Schoch, since 1984 a full-time faculty member of the College of General Studies at Boston University, earned his PhD (1983) in Geology and Geophysics at Yale University. He has been interviewed extensively for his pioneering research using geological analyses to recast the date of the Great Sphinx of Egypt, as well as for his work on ancient cultures and monuments in such diverse countries as Egypt, Turkey, Bosnia, Romania, Wales, Scotland, Mexico, Peru, Chile (Easter Island), and Japan. Dr. Schoch has appeared on many radio and television shows, and is featured in the Emmy-winning documentary, *The Mystery of the Sphinx*, which first aired on NBC. [\(Read More\)](#).

At The Yuga Cycles of the Ages & Awakening Consciousness conference, Dr. Schoch will speak on “Göbekli Tepe (Turkey), the Great Sphinx (Egypt), and the Last Satya Yuga.” Based on the work of Swami Sri Yukteswar, the last period of ascending and descending Satya Yugas (often referred to as Golden Ages) lasted from approximately 16,300 BCE to 6700 BCE, peaking around 11,500 BCE. By conventional thinking, this was a time when humankind was in a primitive gatherer. There is now evidence that sophisticated culture and true civilization existed over ten thousand years ago during the last Satya Yuga.

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Amit Goswami



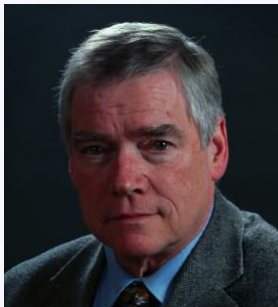
Dr. Goswami is a retired professor of physics at the University of Oregon in Eugene, where he has served since 1968. He is a pioneer of the new paradigm of science, called science within consciousness, an idea he explicated in his seminal book, *The Self-Aware Universe*, where he also solved the quantum measurement problem elucidating the famous observer effect.

Goswami has written six other popular books based on his research on quantum physics and consciousness. In *The Visionary Window*, Goswami demonstrated how science and spirituality could be integrated. In *Physics of the Soul* he developed a theory of survival after death and reincarnation.

His book *Quantum Creativity* is a tour de force instruction on how to engage in both outer and inner creativity. Goswami's book, *The Quantum Doctor*, integrates conventional and alternative medicine. His latest book, *Creative Evolution*, is a resolution between Darwinism and intelligent design of life. He was featured in the film "What the Bleep Do We Know?" and its sequel "Down the Rabbit Hole" and in the documentary "Dalai Lama Renaissance" ([Read More](#))

Christopher Dunn

"Lost Technologies of Ancient Egypt and South America"



Christopher Dunn has an extensive background as a craftsman, starting his career as an apprentice in his hometown of Manchester, England. His pyramid odyssey began in 1977 after he read Peter Tompkins' book *Secrets of the Great Pyramid*. His immediate reaction to learning of the Great Pyramid's precision and design characteristics. After further research and study of source material on various theories, Chris concluded that it must have originally been built to provide a highly technical society with energy—in short, it was a very large machine. Chris's book, *The Giza Power Plant: Technologies of Ancient Egypt*, published in 1998, describes a holistic energy device that is harmonically coupled with the Earth and its inhabitants. ([Read More](#))

Chris has published over a dozen magazine articles, including the much quoted "Advanced Machining in Ancient Egypt" in *Analog* (August 1984), and has had his research referenced in over a dozen books on Egypt. In the United States he has appeared on PAX Television, The Travel Channel, Discovery Channel, The Learning Channel, Lifetime Television, and the History Channel.

At The Yuga Cycles of the Ages & Our Awakening Consciousness conference, Chris will speak on material in his second book, *Lost Technologies of Ancient Egypt: Advanced Engineering in the Temples of the Pharaohs*.

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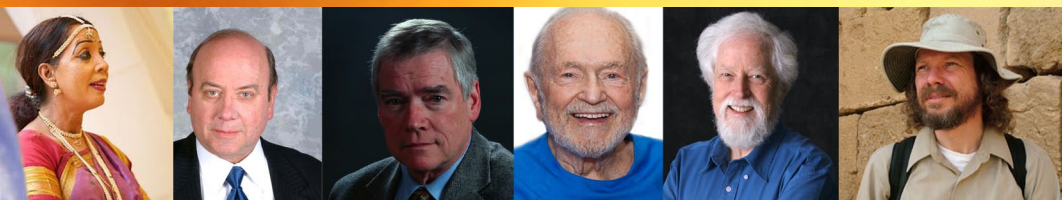
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Conference Presenters

Dr. Claude Swanson "Rediscovering An Ancient Science"



Dr. Claude Swanson was educated as a physicist at MIT and Princeton University. For the last fifteen years, interspersed with his conventional professional career in applied physics, Dr. Swanson has pursued investigations into "unconventional physics." His principal interest has been unified field theory, the so-called "Theory of Everything," which could explain the universe at the deepest possible level. This has led him to investigate many aspects of the paranormal, apparently real phenomena that violate our present science. He has just published a book, *The Synchronized Universe*. ([Read More](#))

At The Yuga Cycles of the Ages & Awakening Consciousness conference, Claude will speak on "Rediscovering an Ancient Science." Clues of an ancient wisdom include electrical batteries built thousands of years ago, steel spheres from civilizations which should have been in the stone age, complex mechanical computers requiring sophisticated understanding of astronomy and metalworking, and the huge stones of Baalbek that can hardly be moved by modern machinery. The foot-thick layer of fused green glass found in Western India and in Israel could not be explained by archaeologists until the atomic bomb test at Alamogordo in 1945. After the blast, scientists discovered the same type of green glass layer at the test site. The intense heat of the atomic explosion had melted the sand to form the glass. The scientific leader of the Manhattan Project, J. Robert Oppenheimer, realized immediately that this weapon matched exactly the one described in the *Mahabharata*, written thousands of years ago.

Uma Krishnamurthy



Uma Krishnamurthy, MD, has been exposed to spiritual teachers and yoga philosophy since early childhood. Born into a family of Theosophists dedicated to teaching spiritual topics, she grew up in an atmosphere deeply imbued with spirituality and concern for universal human well being. From her early teens, she assisted her father in running spiritual retreats. She qualified as one of the early child psychiatrists in India, and spent the first years of her career working with children, parents, and teachers in Bangalore, particularly interested in bringing spirituality into psychiatry. The fields of healing, yoga psychology, and transformation of emotions are currently her main areas of interest and research.

Dr. Krishnamurthy has been traveling worldwide for the past ten years leading workshops and spiritual retreats on yoga psychology. She regularly conducts workshops at the Yoga Biomedical Trust in London, at Sivananda Yoga and Vedanta Centers worldwide, and at Krotona Theosophical Society in Ojai, California. Dr. Krishnamurthy has also received formal training in classical Indian dance (Bharatiya Vidya / Bharatanatyam). Her research on the similarities of yoga and classical Indian dance has received much acclaim. ([Read More](#))

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Conference Presenters



David Steinmetz, Ph.D.



David Steinmetz is the co-author of *The Yugas: Keys to Understanding Our Hidden Past, Emerging Energy Age, and Enlightened Future*. David's background includes forty years of scientific work, including astronomy, optical metrology, and optical engineering at Xerox Palo Alto Research Center. David is currently teaching science, astronomy, and physics at the Ananda College of Living Wisdom. He has been writing and lecturing on the topic of the yugas for more than a decade. David lives with his wife at Ananda Village, a spiritual community in Northern California. [\(Read More\)](#)

David will talk, among other things, about the historicity of the cyclic evolution of human consciousness, where we have been in prior ages plus where we are likely headed in the ascending cycles, as influenced by the movement of our Solar System through an outer arm of the Milky Way. His time with conference attendees will tie all of the presenters' topics together into a cohesive understanding of the yuga phenomenon.

Kamran-Tristan Matlock

Kamran Matlock, who obtained his Education for Life certificate at Ananda College of Living Wisdom, will be teaching at the Ananda Living Wisdom School in Fall 2012. He has worked as a teacher, counselor, coach and nature educator with students from elementary to college level, as well as developing curriculum for individualized, holistic education. Kamran will present "Conscious Education: Using The Yugas To Understand Student Need." He will discuss how learning environments have evolved historically and explain the current direction of education. His presentation will end with recommendations on how schools and educators can best prepare students for the future.



Ryan Nakade

Ryan Nakade, along with graphic designers Chitra Sudhakaran and Anna Preston (recent Ananda College grads) won the outstanding poster award at the 2011 CPAK Conference in Sedona, for his work, "Archetypes of the Ages: Examining the Yugas Through Vedic & Greek Mythology." A senior at Ananda College of Living Wisdom, he will speak on the relationship between the archetypes, Vedas and Yugas, and how they can inform our psychological and spiritual growth in the future.



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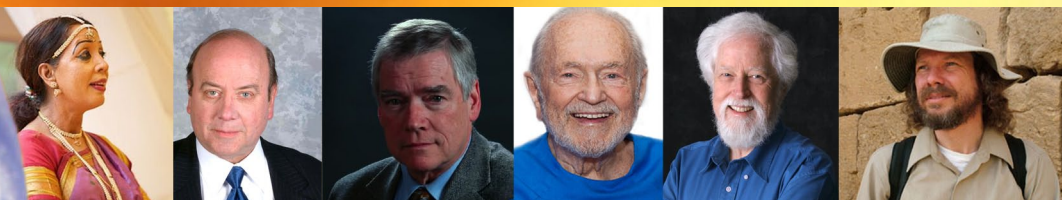
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Registration & Media Resources



Registration & Information

Registration for The Yuga Cycles of the Ages & Our Awakening Consciousness conference is now open through The Expanding Light. There are also a number of accommodation options at The Expanding Light for conference participants.

Links to Key Websites

To find out updated information about The Yuga Cycles of the Ages & Our Awakening Consciousness conference, please visit these websites.

- Official Conference Website
- Host Center: The Expanding Light
- Conference Emcee: Joseph Selbie
- Conference Partner: Ananda College of Living Wisdom
- Publisher of *The Yugas*: Crystal Clarity Publishers

Media Information

A limited number of media credentials will be provided for *The Yuga Cycles of the Ages & Our Awakening Consciousness* conference.

For more information on obtaining a media credential, or to receive further media materials, please contact Lalaan Hickey lalaan@expandinglight.org or media liaison Robert Yehling at bob@wordjourneys.com.

Robert Yehling/Media Liaison

Ph. 917-826-7880

Email: bob@wordjourneys.com

Gary Evans/Media Liaison

Email: garyje@hotmail.com

The Expanding Light

Ph. (530) 800.346.5350

Email: lalaan@expandinglight.org

Joseph Selbie, Conference Emcee

Ph. (530) 478.7770

Email: jselbie@tristream.org

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