

The Expanding Light 14618 Tyler Foote Road Nevada City, CA 95959 Phone: 800-346-5350 or (530) 478-7518 Fax: (530) 478-7519

info@expandinglight.org

Meditation Teacher Training Program Application

Location: The Expanding Light Ananda Yoga and Meditation Retreat

Please complete this form and mail, email or fax or it to the address above. All applications are kept confidential. For further questions or for reservations, call Savitri Simpson at 800-346-5350 or 530-478-7518 or email savitri@ananda.org. Once your application is received and reviewed, you will be contacted as soon as possible, as to your acceptance into the program.

Name			
(Name you prefer to be called, if differen	t)		
Street address			
City	State	Zip	
Phone: Home ()	Work (.)	
E-mail			

Background Information

Please answer the following questions as briefly or as in depth as you prefer:

1. Have you ever visited the Expanding Light Retreat at Ananda Village? If so how often, when, and for how long? Have you ever visited another of Ananda's branch communities, centers, or meditation groups?

Are you familiar with the teachings of Paramhansa Yogananda or Swami Kriyananda (J. Donald Walters)? Which, if any, of their books or lessons have you read?
Please list your reasons for wanting to take this course. Do you plan to teach meditation and if so do you know where?
Have you ever taught meditation, either formally or informally. Please describe.
Please write a brief overview of your "meditation history" in this order: A) How and when did you first learn to meditate?
B) What types of meditation practices have you tried in the past? C) What types of meditation practices to you currently practice?

D) Describe approximately how often and for how long you meditate	each day.
E) Please describe the quality of your meditation practices?	
10) Please share a little about yourself (occupation, family, interests, hobbies time activities). Add any information or concerns you feel to share, especially this program.	

Additional Information

How did you find out about	out this program?	
2. Date of Program you wo	uld like to attend:	
3. Accommodations prefer	ence	
□ Standard Shared□ Deluxe Shared	☐ Standard Private ☐ Your of ☐ Deluxe Private ☐ Your of ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐	own tent (April - October) RV
If paired with someon	If shared, ☐ Your own roome, do you snore? ☐ Yes	mmate □ Pair with someone □ No
4. Deposit		
Light and mail it at the address	is required. Please make your chects above, or call us to put the deposit as with the credit card information. Plail is not fully secure. The balance is application is approved.	on your VISA / MasterCard. lease do not email us your
Total Amount Due: \$		
Amount Enclosed: \$		
	Expiration Date:	
CVV #		
Signature:		

Cancellation policy: If you cancel at least 21 days prior to the start of your program, then \$100 of your deposit will be forfeited as processing fee and the remaining \$200 will be available as a credit for you for one year. Cancellations within 21 will result in loss of the entire deposit.

Thank you for taking the time to complete this questionnaire!